



# Staying Positive Through Difficult Times



*Cheer up your staff with this series of online workshops*

**Date:** 24<sup>th</sup>, 31<sup>st</sup> March & 14<sup>th</sup> April 2022 (Thursday)

**Time:** 16:00 – 17:30 HKT

**Venue:** Online by Zoom

**Speakers:** Andy Clark

**Language:** English

**Admission:** RMB 200 per seat per session

## Staying Positive Through Difficult Times

The Online Workshops to Power Up Your staff – with ideas, fun & humour

We are walking through the difficult times which are a huge challenge to both our living and working life.

It is easy to tell your staff to stay positive, but how can they really do this?

ClarkMorgan & Shine Training is offering a series of 90 minute, interactive online workshops, which will help every participant generate hope, motivation and to build their positive spirit. No matter what comes next!

Topics covered in this session are:

- 24<sup>th</sup> March - Beating the Situation Blues - Keeping a positive mindset
- 31<sup>st</sup> March - Strategies for Improving Your Quality of Life
- 14<sup>th</sup> April - Tapping into Values - Motivating Yourself & Others

Special offer - get additional 2 free seats when enrolling 10!



REGISTRATION CONTACT:  
Sisi.yang@clarkmorgan.com

# TRAINER PROFILE

## Andy Clark



**Nationality:** British

**Language:** English

**MAIN TRAINING AREAS:**

- Management & Leadership
- Coaching
- Communication
- Presentation
- Business Writing
- Sales & Negotiation

*“When developing programs, Andy looks for maximum real-world effectiveness. By continuously asking the question “What exactly is it that we need our trainees to do and to know for them to excel in their work?” and “How do we deliver this training to make an impact tomorrow?” Andy’s trainings are guaranteed to bring results.”*

Andy Clark is the founder of ClarkMorgan and Shine Training and runs the internal presentation skills training for all of our trainers. He has over 17 years of Asia Pacific training, Coaching and lecturing experience. In 2008, he was recognized by HKMA as “Outstanding Trainer of the Year”.

In addition to training Andy has served as a personal coach and lecturer at Jiao Tong University and Tsinghua University and served as an MBA lecturer at Napier University. Andy brings energy, passion and enthusiasm to all his trainings, and prides himself on helping others understand the best ways for trainers to improve and deliver meaningful and valuable trainings.

- Soft Skills Trainer – 12,000+ hours training experience
- Qualified NLP Master Coach
- 2,000+ hours of Leadership Development experience
- Trained & Coached at 100+ Fortune 500 clients

